

## Challenge 1004-3

April 2010

### *Stachybotrys* species – Environmental sample

#### HISTORY

This sample was sent as a simulated environmental sample. Laboratories were expected to isolate and identify *Stachybotrys* species.

#### CMPT QA

The sample was verified by a reference laboratory. *Stachybotrys chartarum* was isolated as a pure culture after 2 days at 30°C on Phytone agar.

#### SURVEY RESULTS

This was the first *Stachybotrys* challenge sent by CMPT.

All laboratories processing the sample correctly identified the fungus as *Stachybotrys* species (Table 1). One laboratory reported *Stachybotrys chartarum*.

#### IDENTIFICATION

*S. chartarum* grows well on common mycological media such as malt extract, potato sucrose agar or V-8 agars.<sup>1</sup> Colonies are floccose, white at first, darkening with age.<sup>2</sup>

##### Microscopic morphology

In culture or on natural substrates the fungus sporulates profusely forming dark masses of conidia from characteristic phialides.

Conidiophores: erect, single, or branched, smooth or rough, bearing a group of phialides at the apex. The phialides, hyaline or pigmented, produce conidia successively into a slime droplet.

Conidia: black, one celled, ovoid to elliptical, smooth or rough, held together in a slimy mass<sup>2</sup>.

Identifying *S. chartarum* is not difficult because of its unique conidiophore-phialide arrangement and ornamented conidia. However, it can present problems because of the great variation in the size and shape of the conidia, and especially the color and roughness.<sup>3</sup>

**Table 1:** Identification results *Stachybotrys* spp.

Reported	No of labs
<i>Stachybotrys</i> species	9
<i>Stachybotrys chartarum</i>	1
snp	1
Total	11

snp: specimen not normally processed

#### CLINICAL RELEVANCE

*S. chartarum* is a mold that is found in water-damaged homes. It grows on high cellulose and low nitrogen content gypsum board, fiberboard, and other substrates, including compostable pots.<sup>4</sup>

*Stachybotrys* produces mycotoxins that are potentially harmful to animals and humans.<sup>5</sup> It is the most commonly cited fungus in the literature, concerning “sick building syndrome” and in “toxic mould” cases.<sup>6</sup> While the contamination by *S. chartarum* is not controversial, the extent of the health consequences has been difficult to prove.

The presence of *S. chartarum* in buildings has been associated with asthma, hypersensitivity pneumonitis, and the constellation of respiratory and neurological symptoms associated with poorly ventilated buildings.<sup>7,8,9,10</sup>

Induction of allergenic responses to *S. chartarum* is an important consideration because a strong deleterious response in an individual could be evoked after exposure to even a low concentration of this mold in the indoor environment.

The allergenic capacity of *Stachybotrys* or any mold must be considered in the context of the myriad of immune mediated/related effects associated with fungal exposure, including innate inflammatory/irritant responses, adjuvant effects, and other antigen-specific hypersensitivity responses.<sup>14</sup>

#### “Toxic black mold”

The capacity of *Stachybotrys* to produce biologically potent mycotoxins and its previous association with animal mycotoxicoses has resulted in this fungus being colloquially referred to as “toxic black mold.”<sup>11,12,13</sup>

## TREATMENT

Relocation of occupants from contaminated buildings has resulted in a significant decrease in symptoms.<sup>15</sup>

## REFERENCES

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